

ERIC DORNINGER ND. LAc

Dr. Eric Dorninger graduated pre-med from University of Colorado, Boulder in 1997. Undergrad highlights include volunteering for Porter Care Hospice, shadowing renowned herbalist Brigette Mars and earning his EMT (Emergency Medical Technician), and subsequently working on an ambulance. This dual exposure of medical perspectives laid down the roots for Dr. D's integrated approach to diagnosis, treatment and healing.



Thereafter, Dr. D completed his Doctor of Naturopathic Medicine and Masters of Science in Acupuncture at Bastyr University in 2003 and returned back to Boulder, Colorado to complete a 2 year residency in Naturopathic Primary Care. In 2005, Dr. Dorninger founded Roots and Branches Integrative Health Care, a clinic dedicated to "Mystery Illness" where he focuses on elucidating the underlying causes of unrelenting chronic illness.

Dr. Dorninger is not concerned with "What you have" as much as he is with "Why you have it" and has dedicated his professional life to a deeper understanding of Differential Diagnosis based in the tradition of "Remove Obstacles to Cure" otherwise known as "Identify and treat the underlying causes".

After the 2013 floods in Boulder, Dr. Dorninger noticed patients who were initially getting better suddenly regressed. Moreover, patient's he was struggling to diagnose got worse. Could Water Damaged Building Molds have something to do with it? Was Biotoxin Illness secondary to mold exposure a missing piece of finding the underlying causes. Was biotoxin illness making his own family sick? You bet.

Fortunately, Dr. D was guided to the honest, data driven, peer-reviewed, reproducible published work of Dr. Ritchie Shoemaker and in 2014 Dr. Dorninger signed on for his Shoemaker certification training. Dr. D is a Shoemaker certified Doctor: "<https://www.survivingmold.com/legal-resources/physician-referral-information/dr-eric-dorninger-nd-lac>";

Dr. D uses reproducible, validated labs and imaging to find hidden, underlying causes of mystery illness and brings a relentlessly thorough diagnostic approach to solving the riddles of chronic illness. Dr. D also specializes in prevention including avoiding Heart attack, stroke, dementia and cancer (cancer screening). Although Dr. D does not treat cancer, he occasionally discovers it and refers to qualified integrative providers.

In addition to private practice, Dr. D teaches functional medicine for Apex Energetics Nutraceuticals, is Director of Research and Development for Blue Sky CBD, an organizer of [CIRSx.com](http://CIRSx.com) and the COAND annual conferences, hosts "the Vitality Hour" podcast on youtube, practices Jujitsu, skis and enjoys watching his biotoxin genetically susceptible kids thrive post CIRS (biotoxin) treatment.