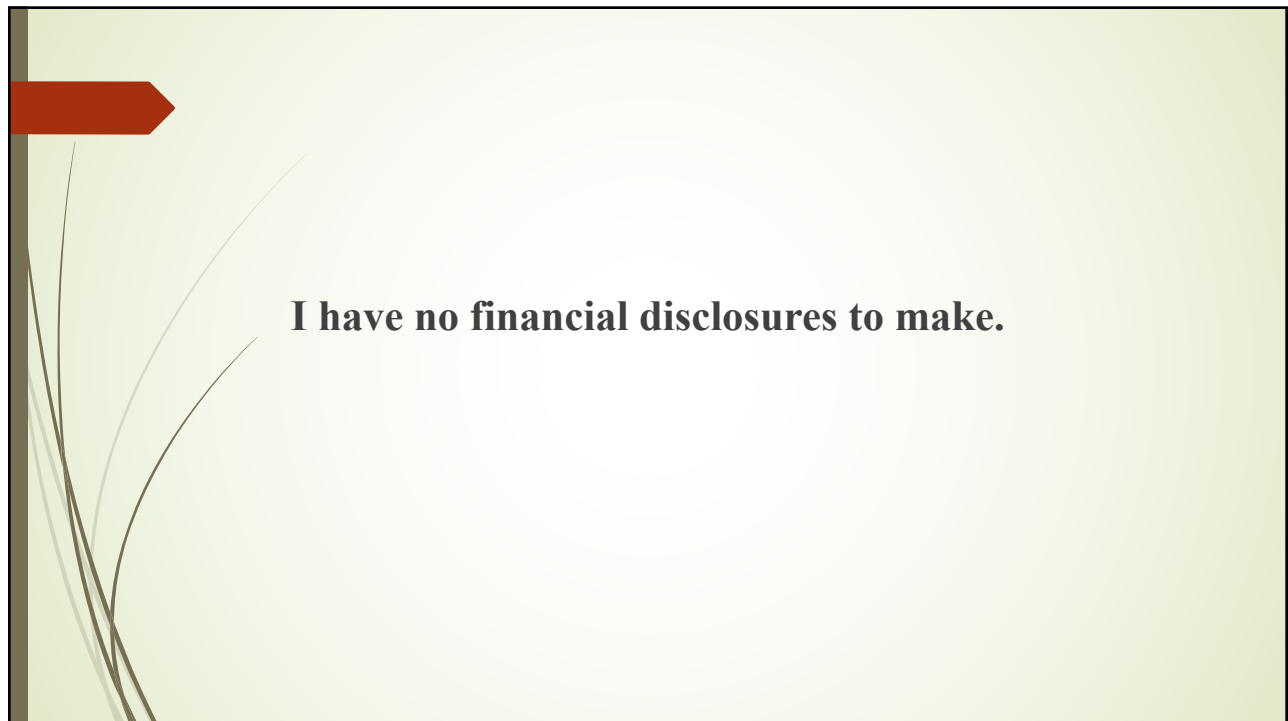


1



2

- Certified Family Nurse Practitioner for 29 years
- Full time independent primary care practice for 26 years
- Shoemaker certified CIRS clinician for 10 years
- Member of the legislative Commission to Study Environmentally Triggered Chronic Disease in New Hampshire for 5 years
- Founder of the Northeast Environmental Illness Alliance

3

FACT –

The Shoemaker Protocol requires a differential diagnosis in determining that CIRS is the root cause of symptoms.

QUESTION –

What happens when there is more than one condition contributing to symptoms &/or CIRS has created a cascade of additional diagnoses?

4

FACT – Many people with CIRS have more than one diagnosis:

Hypothyroidism/Autoimmune Thyroiditis

Insulin Resistance/Glucose Intolerance

Inflammatory Bowel Disease

Degenerative Disc Disease

Degenerative Joint Disease

Small Fiber Neuropathy

Tick Borne Infections

Heavy Metal Toxicity

Osteoporosis

Psoriasis

5

How do other “specialists” manage multiple diagnoses?

Examples:


When the dermatologist treating the patient for psoriasis, identifies skin sequelae consistent with Lupus.

When the orthopedist evaluating a patient with known DJD for a knee effusion discovers Lyme disease on knee aspirate analysis.

When the ophthalmologist treating the patient for glaucoma finds a retinal emboli.

What does the CIRS specialist do when faced with suspicion of co-morbid conditions that require evaluation & treatment?

6



The Cascade of Potential Diagnoses (“Down-Stream Issues”) Concurrent with a CIRS Dx:

Postural Orthostatic Tachycardia Syndrome (POTS)

Mast Cell Activation Syndrome/Histamine Dysregulation

Dysautonomia

Ehlers Danlos Hypermobility Syndrome

Pseudo-Eagle Syndrome

Cranio-Cervical Instability

Erythromelalgia

Small Intestine Bacterial Overgrowth

7



In Conclusion - More Questions

How can CIRS specialists best approach the concept of patient centered care?

As a group, how can we help each other to learn enough about associated conditions?

Should we develop a professional referral list agreed upon by the Surviving Mold community?

8



Peg DiTulio DNP, APRN, MBA
Regenix Healing, LLC

info@regenixhealing.com

(T) 603-362-4444

(F) 603-362-5544